

## Specialist Consultations

### **Professor James D Frame FRCS FRCS(Plast)** Consultant Plastic, Reconstructive and Cosmetic Surgeon

**Plastic and Cosmetic Surgery**  
Consultation £180

**Non-Surgical Aesthetics**  
Consultation and Botulinum Toxin per vial £300  
Consultation and Cosmetic Filler per syringe from £300

### **Miss Claire A. Frame** **BSc(Hons) MHFS LSSM(Dip) MAcSCLA** Sports Massage Practitioner & Clinical Acupuncturist

Sports and Remedial Massage 60mins £ 65  
Sports and Remedial Massage 30mins £ 40

Traditional Chinese Clinical Acupuncture 60mins £ 40  
Cosmetic Acupuncture 90mins £ 50  
NuSkin Galvanic Facial Spa Treatment (with ageLOC Technology) 60mins £ 45

## Opening Hours

<b>Monday</b>	Closed		
<b>Tuesday</b>	10.30am	-	6.30pm
<b>Wednesday</b>	9.30am	-	5.30pm
<b>Thursday</b>	9.30am	-	5.30pm
<b>Friday</b>	9.30am	-	5.30pm
<b>Saturday</b>	9.30am	-	4.30pm
<b>Sunday</b>	Closed		

### **Salon Etiquette:**

To avoid disappointment, we recommend that you book treatments in advance in order to reserve your preferred date and time. For a late request, we will endeavour to do our best to meet your requirements. Treatments are available to adults over 16 years of age.

For your safety during treatment and the consideration of other clients, please ensure your mobile phone is switched off or on silent mode (unless for an emergency).

### **Health:**

Please advise us of any health conditions you may have. You will be required to complete a medical questionnaire, which is confidential and for your own safety.

We recommend that you arrive ten minutes before your first appointment. This allows you time to relax and familiarise yourself with your surroundings and complete your consultation before your treatment commences. Late arrival could result in your treatment time being shortened, as all treatments will end at the scheduled time.

### **Cancellation Policy**

Please give 24 hours notice of any cancellation, or change to your appointment, to avoid a cancellation fee. Missed appointments may also incur a charge.

# The Lavenham Clinic

## Beauty Medispa Aesthetics

The Lavenham Clinic  
3 High Street  
Lavenham  
Sudbury  
Suffolk  
CO10 9PX

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Email: [info@thelavenhamclinic.co.uk](mailto:info@thelavenhamclinic.co.uk)

[www.professorjamesframe.co.uk](http://www.professorjamesframe.co.uk)  
[www.ukaaps.org](http://www.ukaaps.org)

**Professor J D Frame**  
FRCS, FRCS (Plast.)  
April 2017

Tel: 01787 248196

**Elemis****Face & Body****Elemis Advanced Anti-Ageing Facials**

Tri-Enzyme Resurfacing Facial	60mins	£ 68
Visible Brilliance Facial	75mins	£ 70
Pro-Collagen Quartz Lift Facial	75mins	£ 70

**Elemis Skin Solutions Facials**

Oxygen Skincalm Facial	75mins	£ 65
SOS Purifying Facial	75mins	£ 65
Modern Skin Facial	60mins	£ 60

**Elemis Skin Specific Facials**

Fruit Active Glow	60mins	£ 45
Exotic Moisture Dew	60mins	£ 45
Herbal Lavender Repair	60mins	£ 45
Taster Facial (short taster of one of the above) (Introductory Facial)	30mins	£ 30

**Elemis Face and Body Therapy**

Absolute Spa Ritual Choose an Anti-Ageing Facial or a Skin Solutions Facial. (Includes a Full Body Deep Tissue Massage)	120mins	£100
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**Face and Body Sensation**

(Includes Back, Back of Legs and 30mins Anti-Ageing Facial)	60mins	£ 65
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**Elemis Body Therapy**

Full Body Deep Tissue Muscle Massage	60mins	£ 48
Deep Tissue Back Massage	30mins	£ 28

**Elemis "Stress Away"**

Shoulder to Scalp Massage	15mins	£ 15
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**Elemis Exotic Rituals**

Exotic Frangipani Body Nourish (Includes Body Brushing)	30mins	£ 45
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**Elemis Hand & Foot Treatments**

Exotic Ritual Grooming for Hands (Anti-Ageing)	15mins	£ 15
Sole Delight Grooming for Feet	15mins	£ 15

**Total Glow Self Tanning**

	45mins	£ 28
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**Elemis****For Men****Advanced Anti-Ageing Facial For Men**

(Skin IQ facial)	75mins	£ 70
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**Advanced Performance Facial For Men**

(Urban Cleanse facial)	75mins	£ 70
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**Total Time Out For Men**

Choose the Skin IQ or the Urban Cleanse Facial (Includes a Deep Tissue Massage)	120mins	£100
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**Elemis Body Therapy**

Full Body Deep Tissue Muscle Massage	60mins	£ 48
Deep Tissue Back Massage	30mins	£ 28

**JESSICA****Jessica  
Hands & Feet****Manicures**

Jessica File and Polish	15mins	£ 10
Express Manicure	25mins	£ 15
Jessica Manicure	45mins	£ 25
Luxury Jessica Manicure with Thermal Mittens	55mins	£ 30
Le Remedi Treatment	20mins	£ 15

**Pedicures**

Jessica Zenspa File and Polish	15mins	£ 10
Express Pedicure	30mins	£ 15
Zenspa Pedicure	45mins	£ 25
Luxury Zenspa Pedicure With Thermal Booties or Foot Mask	55mins	£ 30

**Men's Nailcare**

Executive Hand and Nail Treatment using Le Remedi	45mins	£ 25
Executive Zenspa Pedicure	45mins	£ 25

**Combined Manicure and Pedicure Treatments**

Jessica Express Manicure and Pedicure	60mins	£ 28
Jessica Manicure and Pedicure	120mins	£ 50

**Geleration Gel**

Jessica Express Manicure or Pedicure	60mins	£ 30
Jessica Express Manicure and Pedicure	120mins	£ 50
Gel Removal	30mins	£ 12

**SILKPEEL****Microdermabrasion**

Consultation and MicroDermabrasion Treatment	60mins	£ 45
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MicroDermabrasion Maintenance Follow Up Treatment	60mins	£ 45
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MicroDermabrasion Course Initial Consultation and 6 Treatments (for the price of 5)		£225
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**Facial Waxing and Tinting****Waxing Treatments**

Chin	15mins	£ 10
Eyebrow	15mins	£ 10
Upper Lip	15mins	£ 10
Upper Lip & Chin	30mins	£ 15
Eyebrow & Upper Lip	30mins	£ 15

**Tinting**

( A 24 hour test patch is required prior to these treatments )

Eyebrow Tint	15mins	£ 10
Eyelash Tint	20mins	£ 13
Eyebrow and Eyelash Tint	30mins	£ 20
Eyebrow Shape & Tint	30mins	£ 18

**Chair Massage****Chair Massage**

Relax and Energise with a Chair Massage for Neck, Shoulders & Back.	15mins	£ 10
	20mins	£ 15

**Mii Mineral  
Make-Up****A professional yet affordable make-up line.**

Make-Up Application	60mins	£ 28
Wedding Make-Up (includes "Take Home" Lipstick)	60mins	£ 42
Elemis Taster Facial and Make-Up Application	75mins	£ 55

**Holistic Treatments**

Hopi Ear Candle	40mins	£ 30
Indian Head Massage	45mins	£ 30
Hot Stones—Back, Neck & Shoulder Massage	45mins	£ 34
Reiki	60mins	£ 35
	30mins	£ 18
Foot Massage	15mins	£ 15

**Treatments with:****Ms Janet Van Dam, Holistic Health Practitioner**

Reflexology	60mins	£ 35
Homeopathy -Initial Consultation	120mins	£ 75
- Follow-Up	60mins	£ 45

Nutritional Coaching		
- Initial Consultation	150mins	£ 95
- Follow Up	60mins	£ 35

Group Coaching Available (up to 6 people) - Call for details